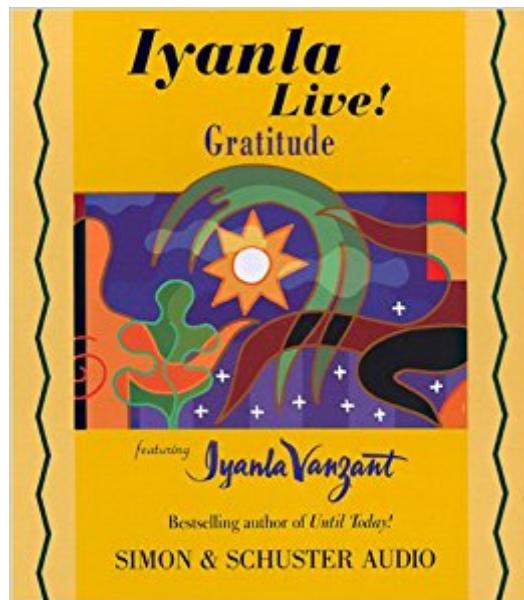


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Iyanla Live Gratitude



Synopsis

In this live recording Iyanla Vanzant explores the principle of Gratitude. When we are too busy "doing, we forget to be truly grateful. She urges us to "get grateful" for the gift of life so that we may live our lives with joy. Iyanla challenges us to examine our individual notions of gratitude so that we practice gratitude not as a mere word or gesture. We must understand that true gratitude is an ongoing experience. Iyanla reminds us that when we're grateful, we want what we have, knowing that something better is on the way. Get grateful!

Book Information

Series: Iyanla Live!

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Shipping Weight: 3.8 ounces

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,757,598 in Books (See Top 100 in Books) #10 in Books > Books on CD > Authors, A-Z > (V) > Vanzant, Iyanla #2604 in Books > Books on CD > Health, Mind & Body > Personal Growth #2613 in Books > Books on CD > Health, Mind & Body > Self Help

Customer Reviews

Iyanla Vanzant is the award-winning and bestselling author *The Value in the Valley*, *Faith in the Valley*, *One Day My Soul Just Opened Up*, and *In The Meantime*. As an empowerment specialist, Spiritual Life Counselor, and ordained minister, she lectures and facilitates workshops nationally with a mission to assist in the empowerment of women and men everywhere.

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